

## Extension Activity Source Materials

# Discover how milk is made



- 1 View the [Dairy Australia interactive](#) to learn about the milk cycle.
- 2 Watch the [Discover how milk is made](#) video to learn about the process of making milk.



## Activity

# Discover how milk is made



Milk plays an important role in the growth and development of children and is packed with more than 10 essential nutrients, including calcium, which helps build strong bones and teeth. Milk is also a good source of energy and protein.

Start by picturing a cow being milked at a farm. Then, think about what happens to the milk next. Does it go straight to the store, or is something done to it first? Imagine how the milk is made safe to drink. Also, think about how it gets to the supermarket. As a class, draw a flowchart with pictures and words to show each step.



**Discover** Aussie Dairy